

# Pain Practice: International Prolotherapy Conference & Workshop (2019Prolo@TPE)



**Host:** Taiwan Pain Society(TPS)/Dpt. PMR, Taipei Medical University Hospital

**Venue:** 16F, Rear Tower, General Medical Building, Taipei Medical University

**Address:** No. 250, Wu-Shin St., Sin-Yi District, Taipei City 110, Taiwan

**Date:** Conference Aug 10 (Sat) 08:30~17:30

Workshop Aug 11 (Sun) 08:30~17:30

**Hand on Workshop:** Up to 5 delegates for Each Group/8 stations/55 minutes each

**Official Language:** English

**Fee:** Conference: Early Bird (before May 25): USD\$300; Regular: USD\$400

Hands-on Workshop: Early Bird (before May 25): USD\$1,000; Regular: USD\$1,100

**Seats:** Conference 150; Workshop 40 (20 Domestic/20 Overseas)

## Aug 10 (Sat), 2019 Conference

Time	Lecture Topic	Speaker	Moderator
08:00~08:30	Registration		
08:30~08:55	<b>Why Prolo?</b> <i>Evidence behind Dextrose Prolotherapy</i>	Dr. Seth WU	Prof. Ray WEN <i>President, Taiwan Pain Society</i>
08:55~09:20	<b>Let's PK!</b> <i>Vigorous Comparison between Injectate</i>	Dr. Donald TANG	Dr. Mark Cantieri <i>Author, The Principles of Prolotherapy</i>
09:20~09:45	<b>Biotensegrity</b> <i>3D Dynamic System that Makes Prolo Unique</i>	Dr. Daniel SU	

09:45~10:10	<b>The Physical Signs</b> <i>You PE, &amp; the Body Echoes for Prolo</i>	Dr Wesley CHEN	
10:15~10:35	<b>Tea/Coffee Break</b>		
10:35~11:00	<b>Dynamic Ultrasound</b> <i>Specific Maneuvers Reveal Targets Under</i>	Dr Stanley Lam (HK)	<b>Prof. SW CHOU</b>  <i>Medical Director, Chinese Taipei Olympic Team</i>  <b>Prof. Sean LIN</b>  <i>Director, Pain Clinic, Makay Medical Center</i>
11:00~11:25	<b>Dry Needling</b> <i>Tunes Tension Meridionally, Reset Control Centrally</i>	Dr Jen-Li Pan	
11:25~11:50	<b>Prolo-Exercise</b> <i>Prescriptions to Complete Prolotherapy Regeneration</i>	Dr Li-Wen TU	
11:50~12:15	<b>Prolo-Nutrition</b> <i>Evidence-based Regeneration in Metabolic Ways</i>	Dr Daniel WANG	
12:20~13:10	<b>Lunch</b>		
13:10~13:35	<b>The Blind Spots</b> <i>Targets Hiding behind Your Probe &amp; Thoughts</i>	Dr Ke-Vin CHANG	<b>Prof. Chih-peng LIN</b>  <i>Director, Pain Clinic, National Taiwan University Hospital</i>  <b>Prof. Ke-Vin CHANG</b>  <i>Director, Department of Physical Medicine &amp; Rehabilitation, Bei-Hu Branch,</i>
13:35~14:00	<b>The Red Flags</b> <i>Where &amp; When We Should be Very Cautious</i>	Dr Chih-Peng LIN	
14:00~14:25	<b>Hold Your Fire!</b>	Dr Ray CHEN	

	<i>The Rheumatologist's Not-to-do List</i>		National Taiwan University Hospital
14:35~14:50	<b>The Surgeon's Advice</b> <i>Timing to Stop Prolo &amp; Consider Surgical Repair</i>	Dr Jia-Lin WU	
14:55~15:15	<b>Tea/Coffee Break</b>		
15:15~15:40	<b>ESWT</b> <i>the Physical Alternative</i>	Dr Mike HUANG	<b>Dr Jen-Li Pan</b> <i>Conference Organizer</i>  <b>Dr Frederick LIN</b> <i>President, TAPRM (Taiwan Association of Prolotherapy &amp; Regenerative Medicine)</i>
15:40~16:05	<b>The Biologics</b> <i>Platelet-rich Plasma, Cell Therapy, &amp; Beyond</i>	Dr Patrick WANG	
16:05~16:30	<b>The Athletes</b> <i>What Makes them Unique in Providing Prolotherapy</i>	Dr Sung-Kai LIN	
16:30~16:55	<b>My Prolo Pearls</b> <i>Clinical Tips from the Guru</i>	Dr Mark Cantieri (USA)	
16:55~17:20	<b>The Future of Prolotherapy</b> <i>Artificial Intelligence in Regenerative Medicine</i>	Dr Jiunn-Horng KANG	

### Aug 11, 2019 (Sun) Hands-on Workshop

Stations	Instructor: AM	Instructor: PM
A. Head & Neck (Ultrasound)	Dr LIN, Chih-Peng, MD, PhD, CIPS, FIPP	Dr HUNG, Chen-Yu, MD, RMSK, CIPS
B. Upper Extremity (Ultrasound)	Dr WANG, Yi-Chian, MD, CIPS	Dr WU, Chueh-Hung, MD, CIPS
C. Trunk & Low Back	Dr WANG, Po-Kai Patrick, MD, PhD	Dr WU, Tzung-Ju Seth, MD, RMSK

(Ultrasound)		
D. Hip & Pelvis (Ultrasound)	Dr WU, Wei-Ting, MD, CKTP, RMSK, CIPS	Dr LIU, Ping-Tang, MD, CIPS
E. Lower Extremity (Ultrasound)	Dr CHEN, Chih-Chun Wesley, MD, CIPS	Dr CHEN, Chien-Hsing Ray, MD, CIPS
F. Physical Examination	Dr SU, Chiung-Jui Daniel, MD, RMSK, CIPS	Dr TANG, Tsung-Yung Donald, MD, ASRA-PUMC, EDRA, EDPM, FIPP
G. Dynamic Ultrasound (Ultrasound)	Dr LAM, King-Hei Stanley, MBBS, MScSEM, MScMHS, RMSK, POCUS, CIPS, FIPP	Dr TSAI, I-Tzun, MD, CIPS
H. Doctor Treat Doctor (Ultrasound-guided)	Dr PAN, Jen-Li, MD, CIPS, EMBA	HUANG, Chin-Tsan Mike, MD, CIPS

\*\*Assistant Instructor: Dr YOU, Chi-Kai, MD

### Group 1 Course (Example)

08:30~09:25 A

09:25~10:20 B

10:20~10:40 Coffee Break

10:40~11:35 C

11:35~12:30 D

12:30~13:30 Lunch

13:30~14:25 E

14:25~15:20 F

15:20~15:40 Tea Break

15:40~16:35 G

16:35~17:30 H